

# **Reports on the Effects Long-Term Participation In The Monroe Institute Programs**

## **Participant L**

### **What is on the Other Side of the Rainbow?**

#### **Engagement of Multiple Intelligences**

I spent a lot of time alone. I liked to read and draw. My earliest memory was drawing rockets to Pluto. I was reading mostly non-fiction as a child. I liked books on airplanes and astronomy. I also played cops and robbers/cowboys and Indians with the kids in the neighborhood. We didn't have many toys so we had to be pretty imaginative. I would just play anything that was make-believe.

- Plays guitar, trained in music theory.
- Artist in the field of animation and film production (created a way to make 3D animation before the era of computers).
- Started and ran IT Software consulting business. Software programmer.
- Yoga

#### **Other Personal Development Activities**

- Read widely in occult literature, began meditation 15 years ago, has been involved in numerous creative activities since childhood such as drawing, music, and filmmaking.

#### **Anticipation of Liminal States**

- Learning what being more awake means

#### **Relationship with Inner Guidance**

- I have a sense that things lead where they are meant to – the sense that I had to learn certain thing before other opportunities emerged.
- I am more conscious now. I get these little epiphanies such as 'having a higher consciousness isn't about possessing yogic powers, but about being conscious on multiple levels, multiple dimensions and making conscious choices [. . .] It is being more aware, being more awake.'

#### **Compassion for Oneself and Others**

- I have learned to accept the healings wherever and whenever they are offered me.

### **Sense of “Being Called” To Be Present with Others**

- My life has been about making changes, and since I have reaped the benefit of these changes, my purpose is to share what I have learned with others.

### **Reflections**

TMI got me outside of my box; got me outside of various traps, constructs, and concepts that had bogged me down. I simply got to a bigger stage, a larger perspective. Some people need to have the Out-of-Body Experience (OBE), but for me that isn't my expectation nor has it been my experience at TMI. In fact, TMI for me is really about the unexpected. That is why I go back, for the unexpected.